

EKG- Cardiac Clinic

My Hospital Story



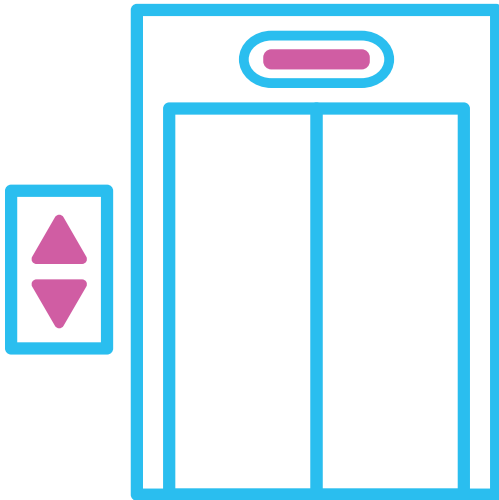
Boston Children's Hospital

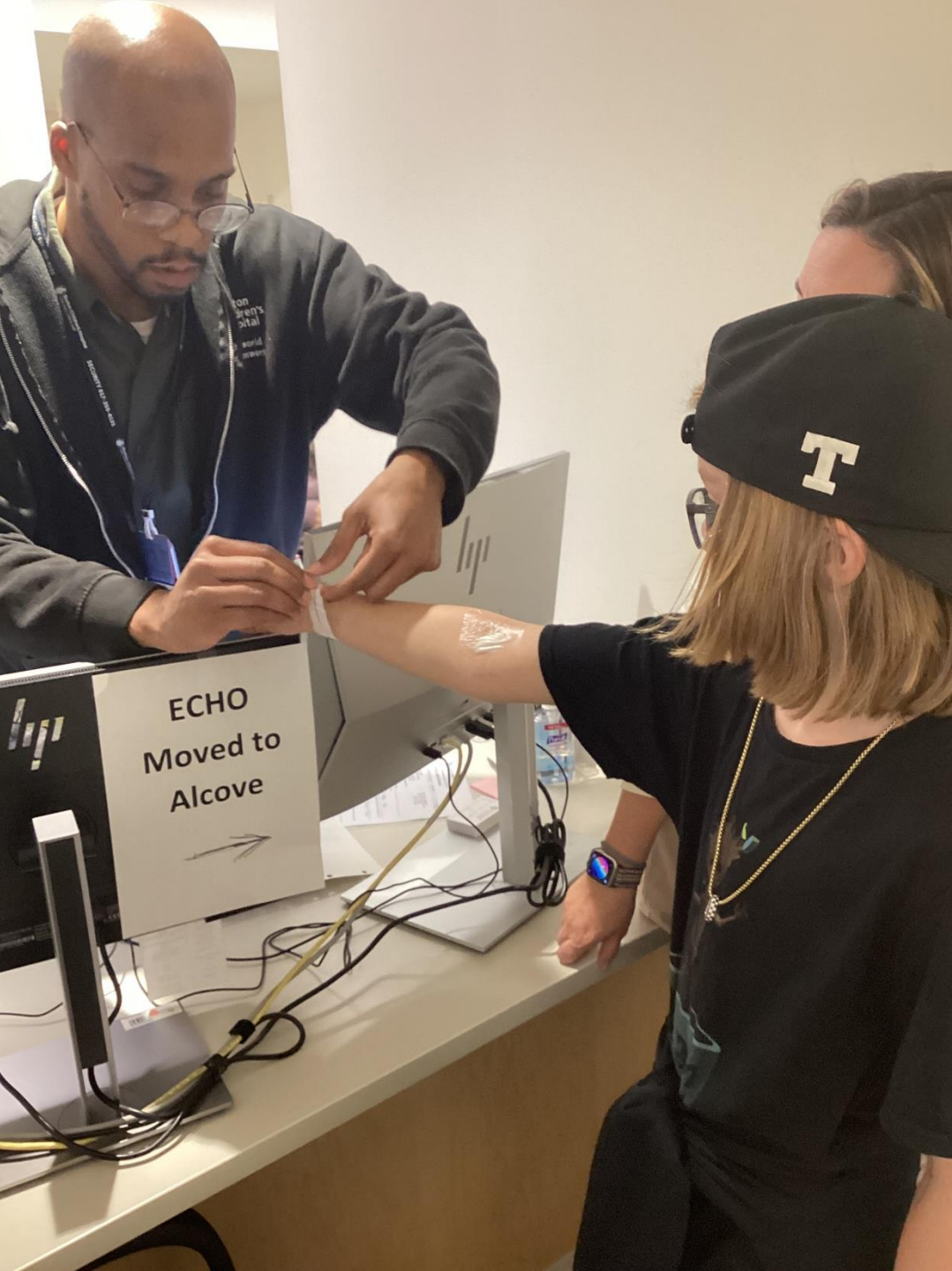
January 2024

I'm getting ready for my visit at Boston Children's Hospital for an EKG. An EKG takes a picture of my heart.



First, we'll walk into the hospital and take the Hale elevator to the 2nd floor.

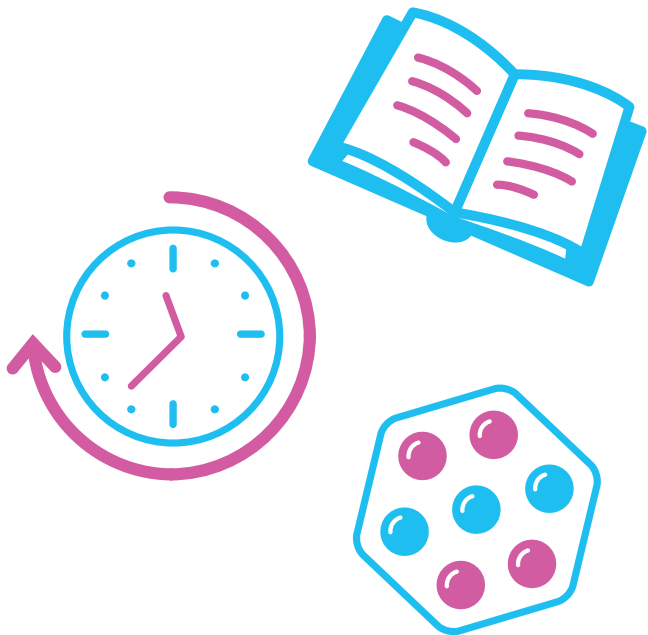




Then we'll talk to someone at the front desk. I'll get a bracelet with my name on it.



Next, I will wait for my name to be called. I can sit or play quietly while I wait.

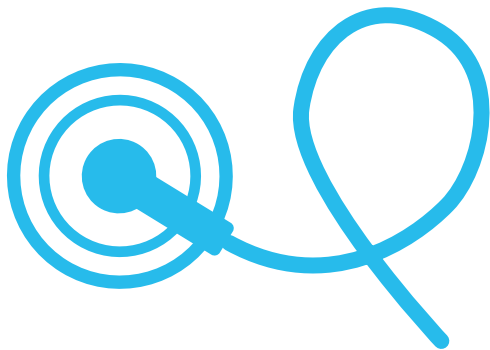




When it's my turn,
we'll walk to a new
room. I'll meet the
Clinical Assistant who
will help with my EKG.

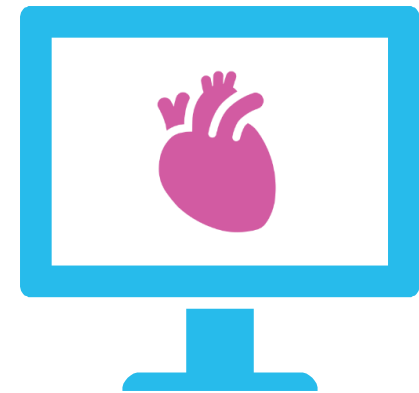


Next, I will lie down on the exam bed. The Clinical Assistant will place 13 small stickers, or electrodes, on my chest, arms and legs.

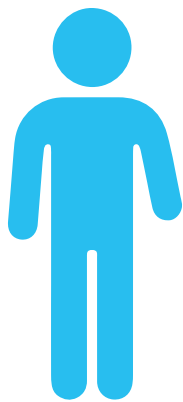


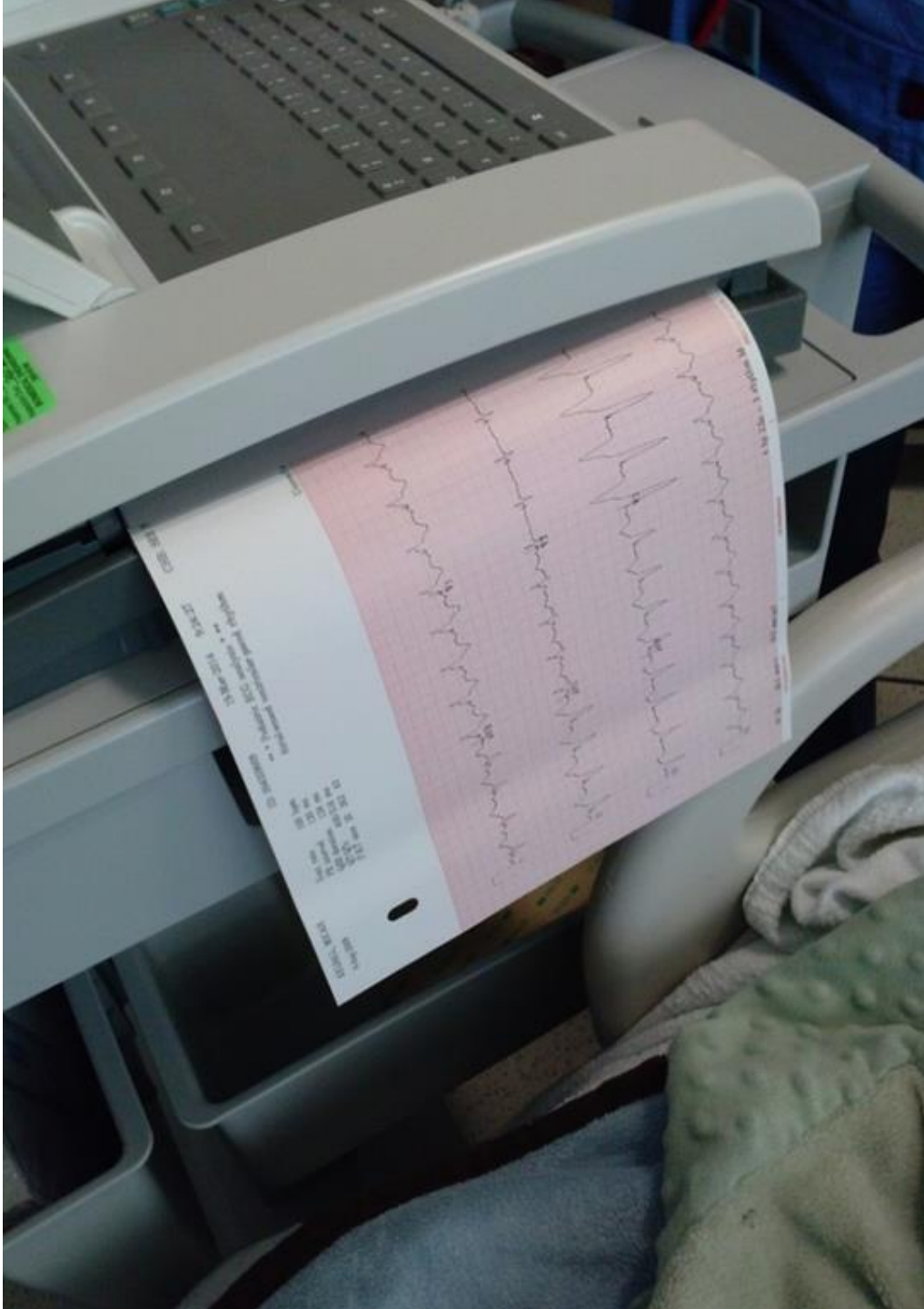


The stickers are connected by wires to a computer on wheels. This computer takes a picture of my heart.

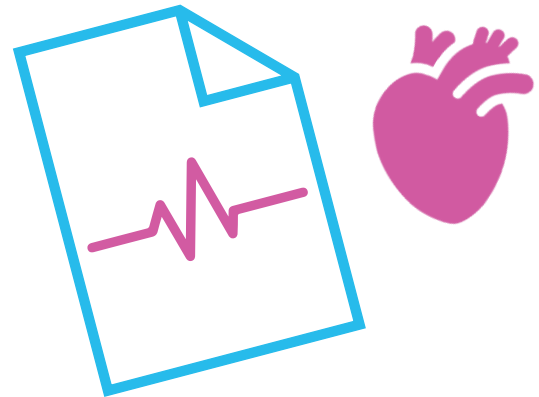


My job is to keep my body still while the picture is taken.

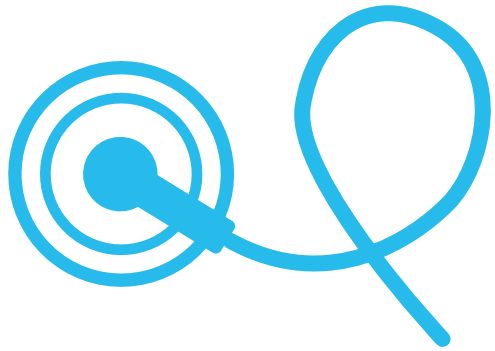


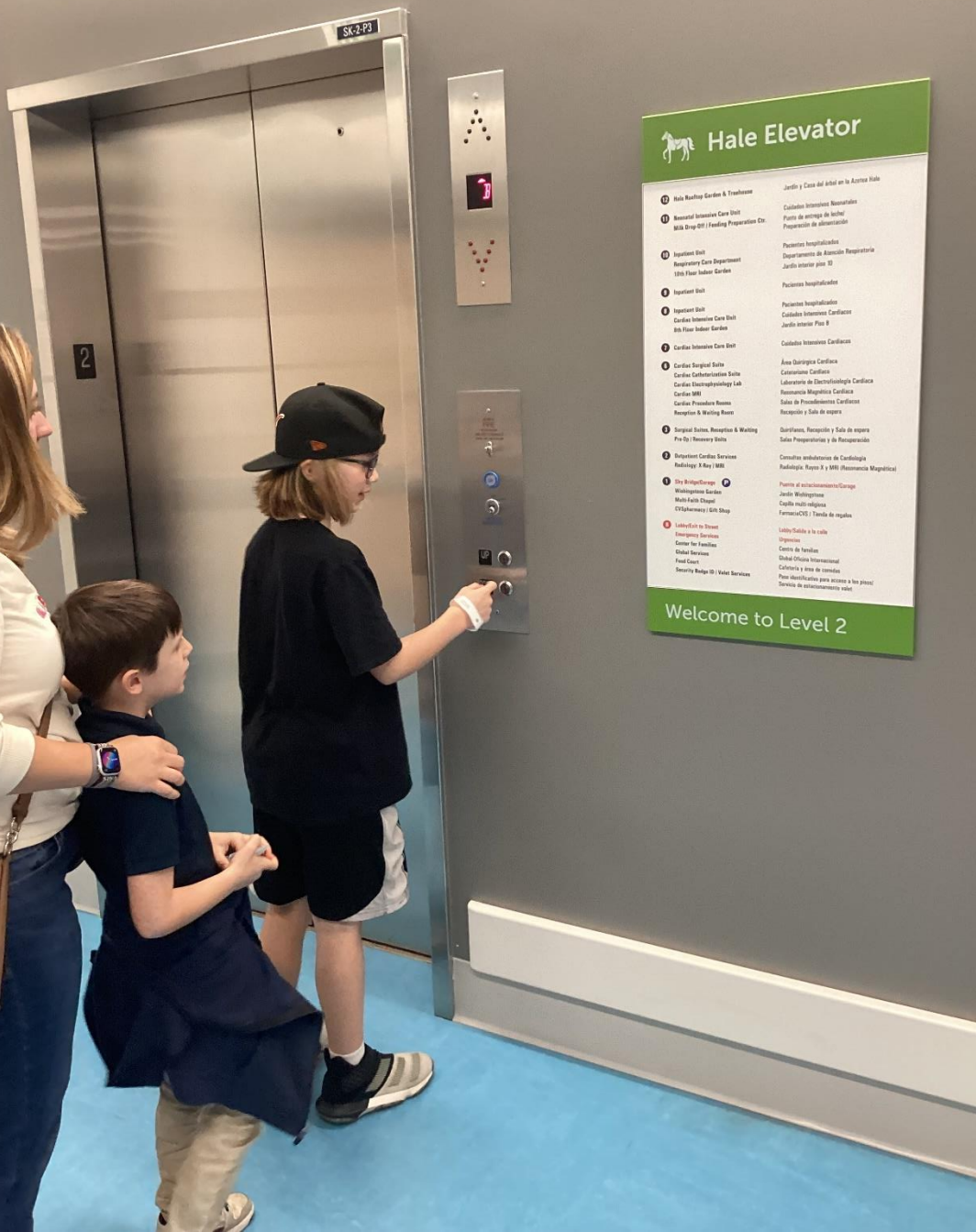


The computer will print out a piece of paper with lines on it. This tells the doctor about my heart.



When the EKG is over, it will be time to take the stickers off.





I'm all done with my EKG.

Everyone will be so proud of me!



Developed by:

Autism Spectrum Center
& Child Life Services