

Peabody Gastroenterology Visit

My Hospital Story



Boston Children's Hospital

February 2016

Today I am going to my
Gastroenterology appointment at
Boston Children's at Peabody.



I will come into the lobby



My mom or dad will check in at the Kiosk. I will do my best to wait quietly.



We will walk from the hospital lobby to the elevator or the stairs to take us to the 2nd floor.



When we get to the 2nd floor, we will walk into the waiting area through the big glass doors.



Next we will talk to someone at the front desk to let them know we are here.



We may have to sit and wait until my name is called. My name might be called right away or I might have to wait a little while. While I am waiting, I can do a quiet activity or my mom or dad may help me find something to do.



When it is my turn, a nurse will call my name and ask me my last name and birthday to make sure they have the right person.



I will go to a small room with my parents and the nurse. The nurse will measure how tall I am



Next the nurse will see how much I weigh.
They will ask me to stand on a scale to be
measured.



I will move into a different room where I will sit in a chair or on the exam table to wait for the doctor with my parents. The exam table has white paper on it to keep it clean.



The doctor will come into the exam room and say hello to my mom or dad and me. The doctor may ask us some questions to answer.



The doctor may check my ears, eyes and mouth using a small flashlight. The flashlight will not touch me. The doctor may ask me to open my mouth and say “ahhh”.



The doctor will also listen to my heart with a stethoscope. This is to learn about how my heart is working. The stethoscope might feel a little cold, but this is okay.



Next the Doctor will listen to my lungs with a stethoscope to learn about how my lungs are working.



The doctor may ask me to lie down on the exam table and will gently press on my belly to see how my stomach is working. The doctor may gently press on the sides of my belly, in the middle of my belly and up and down my belly. This may feel strange, but I will be okay.



The doctor will finish the exam and will talk to my mom or dad and me about my health and may tell us to make another appointment to come back to the hospital soon.



The doctor will say goodbye to me . I will go back to the front desk to make an appointment to see the doctor again.



Everyone will be so proud of me for doing such a great job during my appointment!



Developed By:
Autism Spectrum Center & Child Life Services