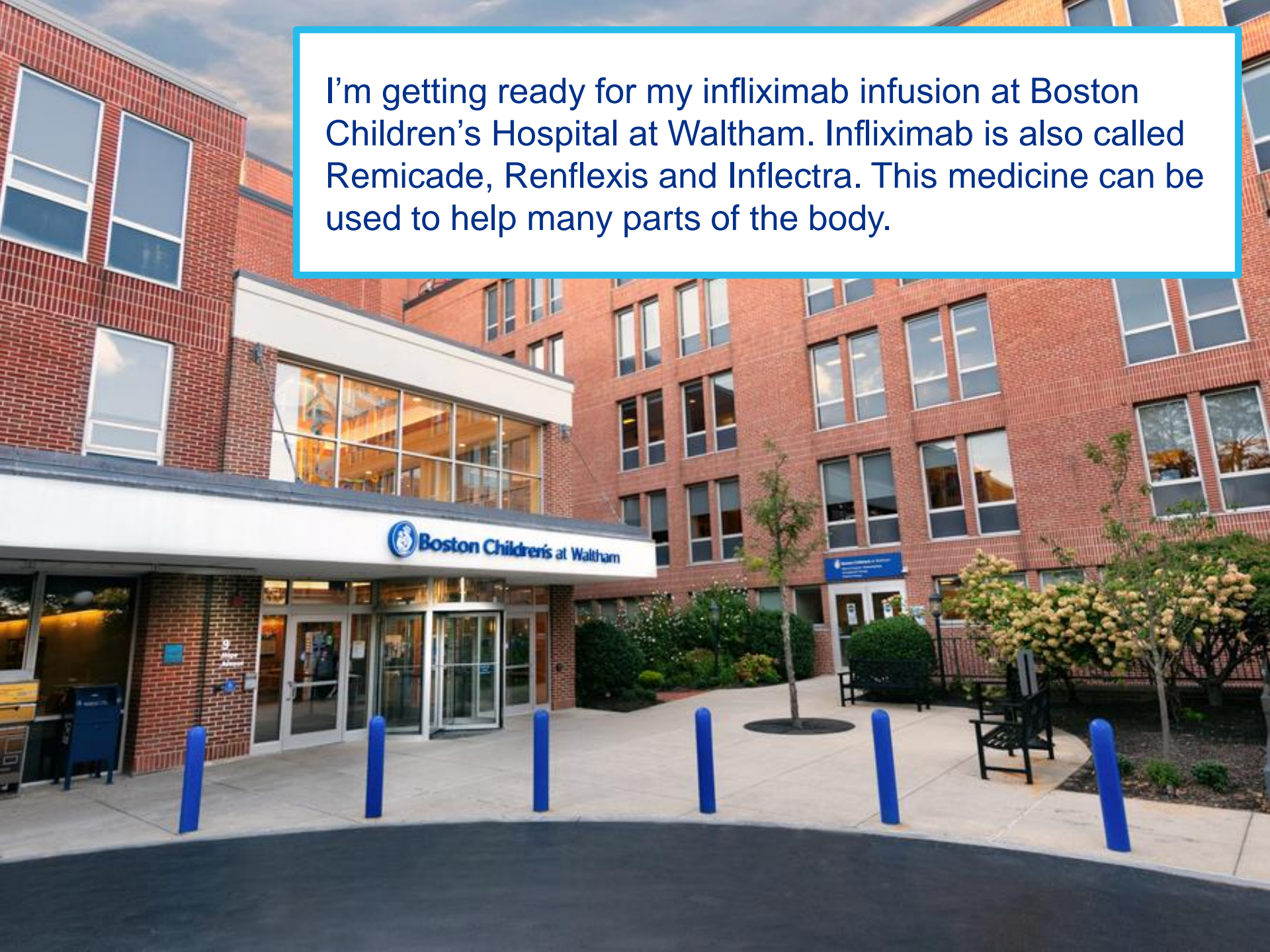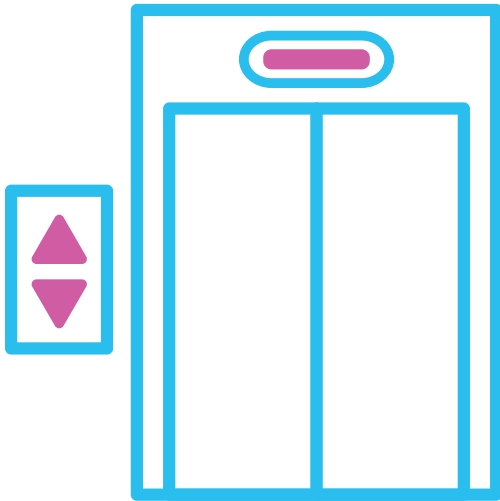# Infliximab Infusion – Waltham

My Hospital Story

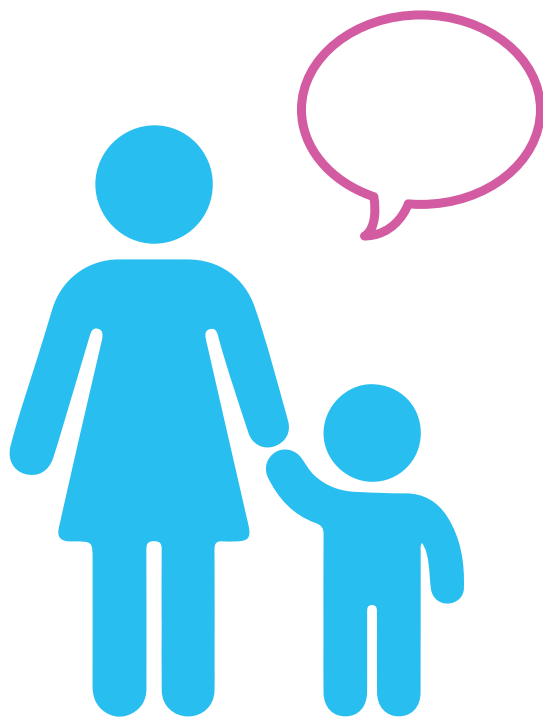Boston Children's Hospital

September 2023

I'm getting ready for my infliximab infusion at Boston Children's Hospital at Waltham. Infliximab is also called Remicade, Renflexis and Inflectra. This medicine can be used to help many parts of the body.

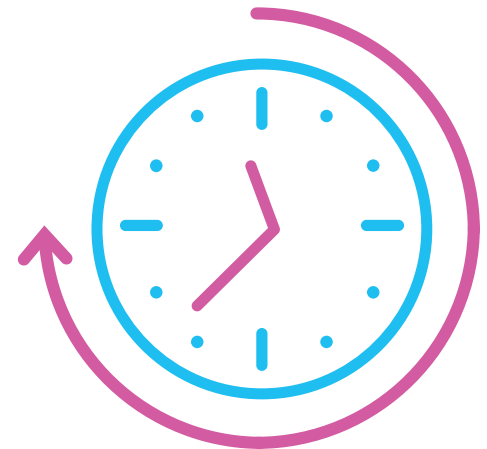First, we'll walk into the hospital and take the elevator to the third floor.

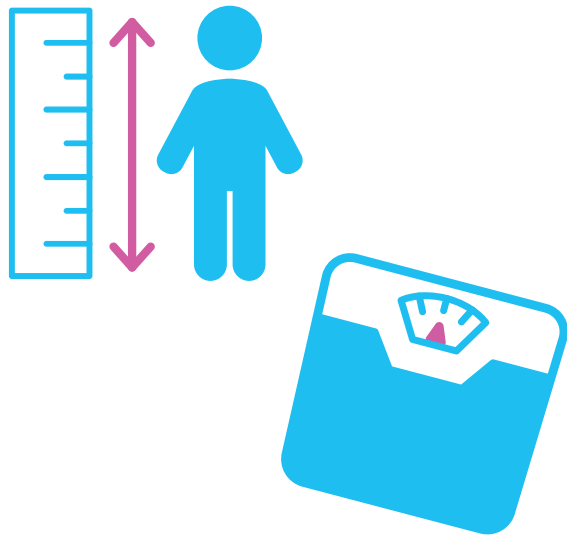Then we'll talk to someone at the front desk.

Next, I can sit and play quietly while I wait for my name to be called.

My caregiver can stay with me during my entire visit.

When it's my turn, a staff member will measure how tall I am and how much I weigh.

Then we'll walk to a new space.

I might have a bed to sit on like this.

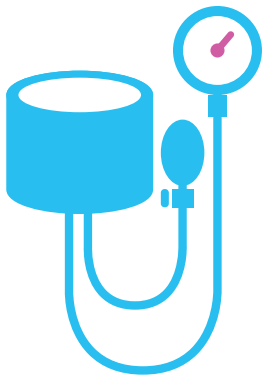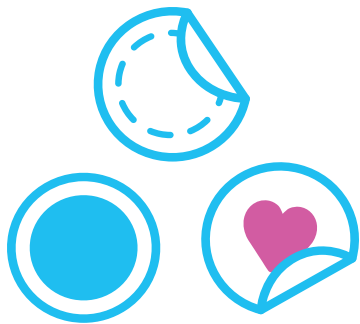Or I might have a chair to sit in like this.

Next, the staff member will check my temperature with a thermometer.

Next, a staff member will check my blood pressure. I'll feel a small squeeze on my arm. I can remember to hold my body still and take deep breaths.

A staff member will place two small stickers called leads on my chest and one on my belly. These stickers tell staff about my heartbeat and my breathing.
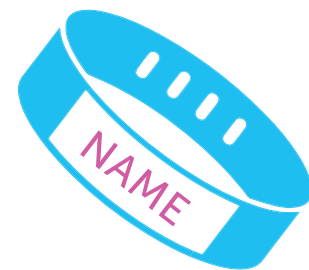
My nurse will talk with me and my caregiver about what we are going to do today. They will ask us questions.

My nurse will also give me a bracelet with my name.

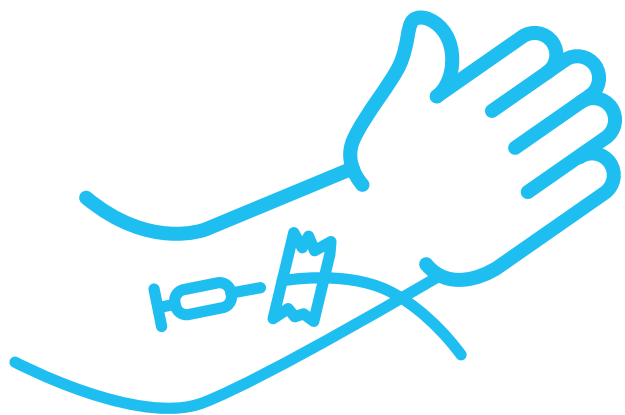Next, the nurse will listen to my heart and lungs with a stethoscope.

I might have medicine to swallow. I can take this medicine with a syringe or a small cup.

Then it will be time for my IV.

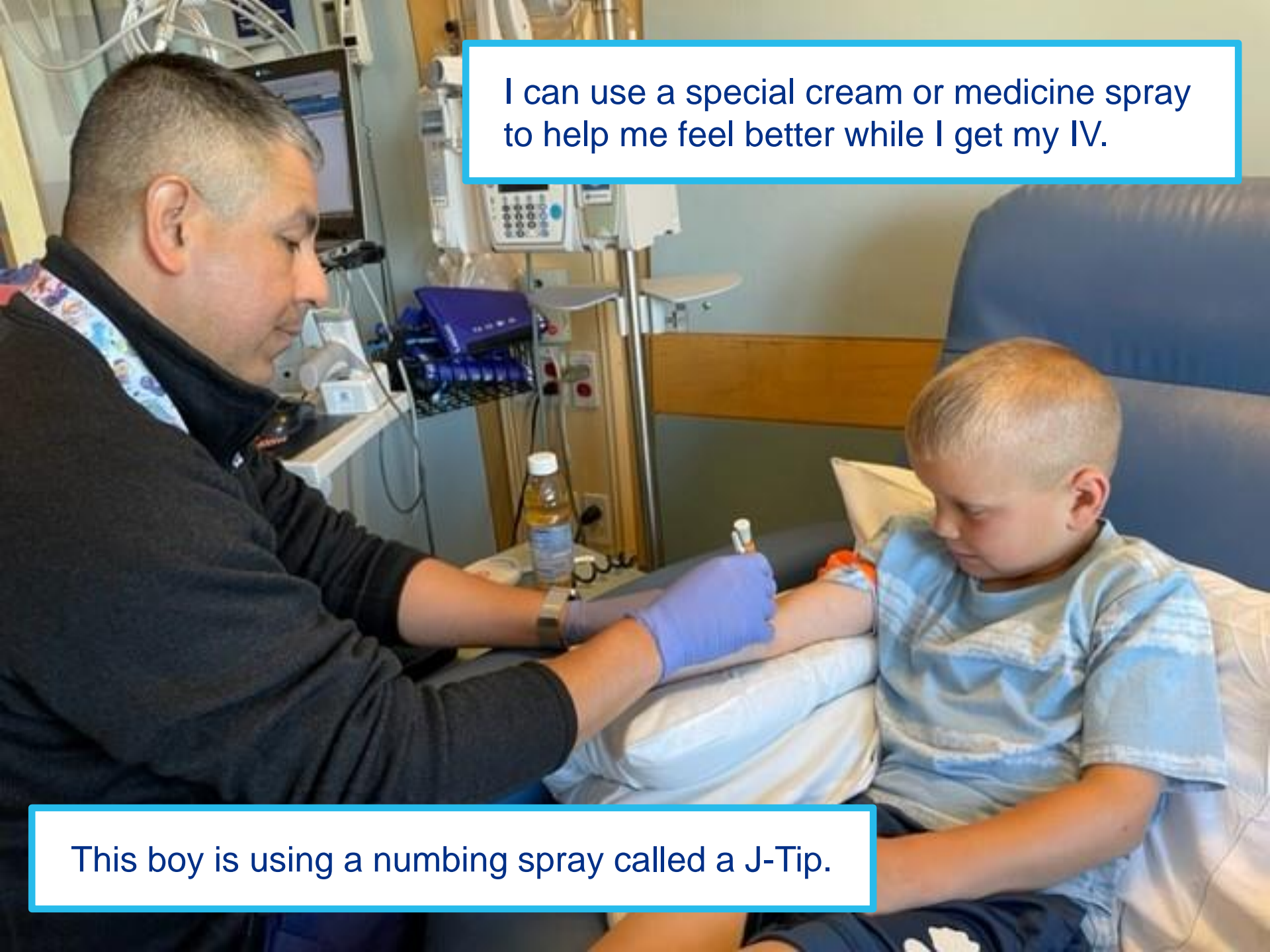An IV is a small, bendy straw that will give me my medicine.

The nurse will put a stretchy band around my arm. This helps the nurse see my veins. The band might feel tight.

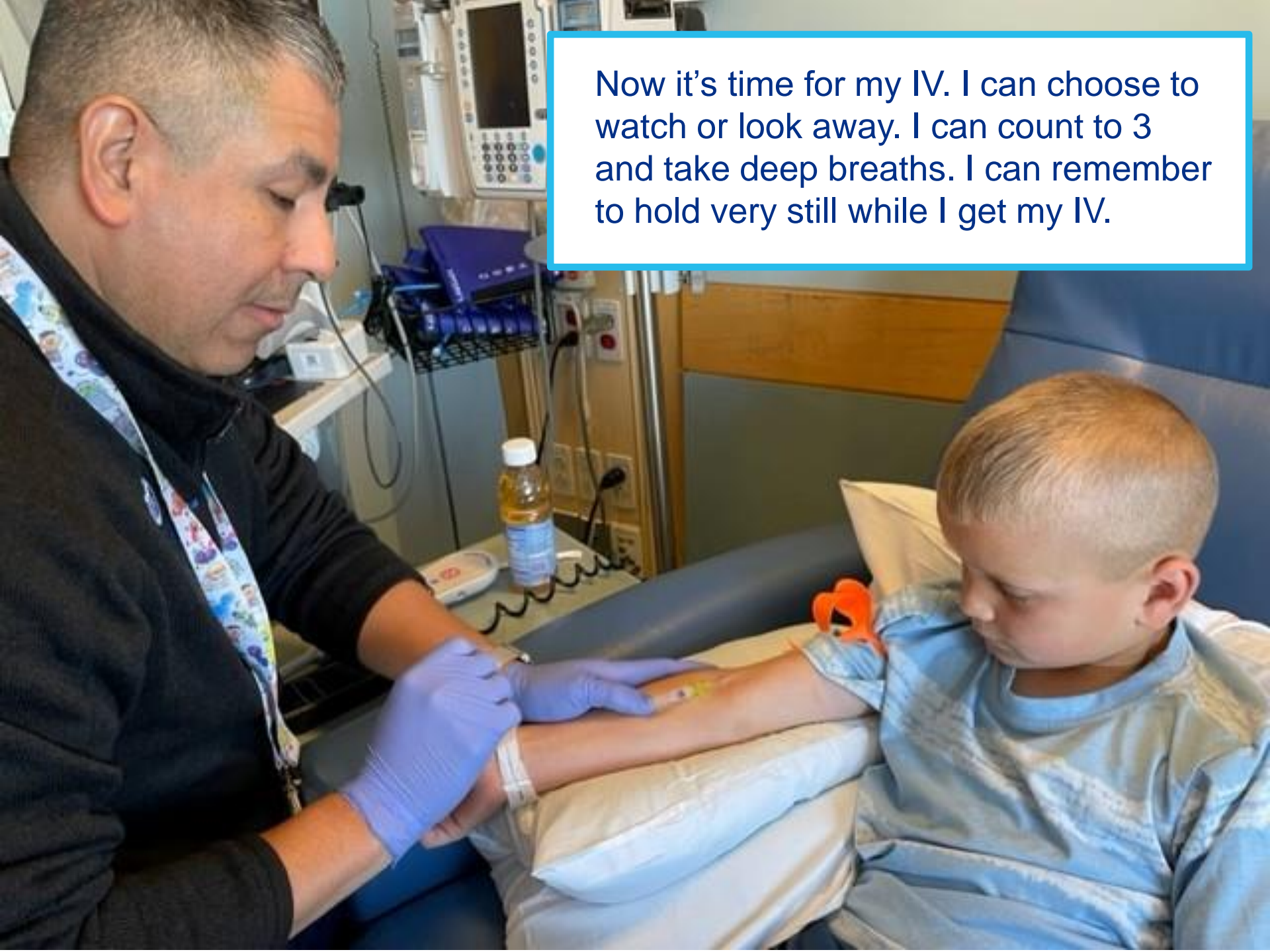Next, the nurse will clean the skin where the IV will go. It will feel cold and wet.

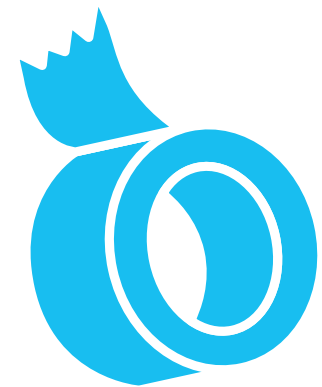I can use a special cream or medicine spray to help me feel better while I get my IV.

This boy is using a numbing spray called a J-Tip.

Now it's time for my IV. I can choose to watch or look away. I can count to 3 and take deep breaths. I can remember to hold very still while I get my IV.

Next, my nurse will put clear tape over the IV. My nurse might put a soft wrap over the IV to keep it safe.

My nurse will connect the IV to a long, clear tube. My medicine will go through the tube from a machine like this.
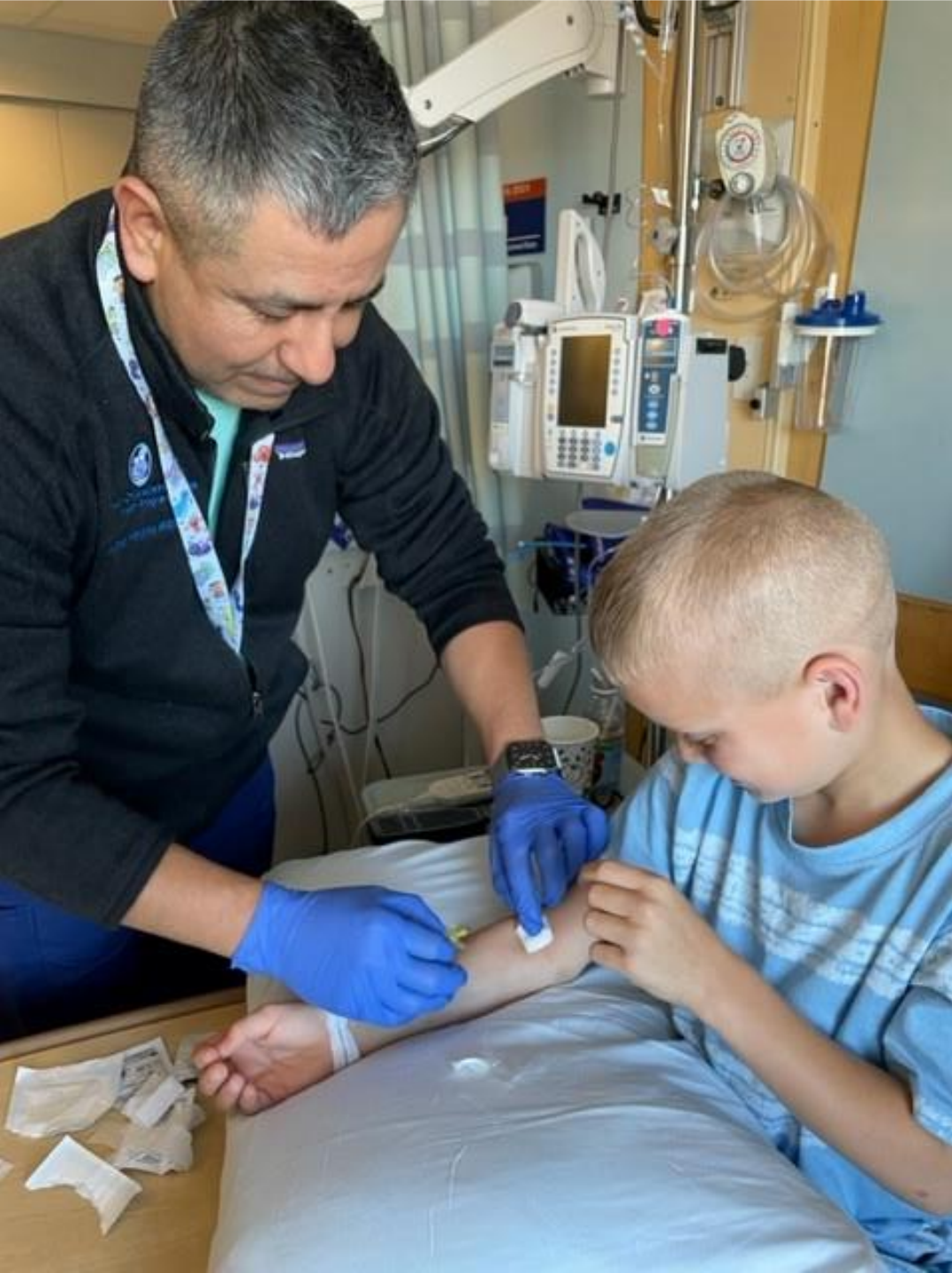
Now my infusion will start. I can play a game, watch a movie or do art projects during my infusion!

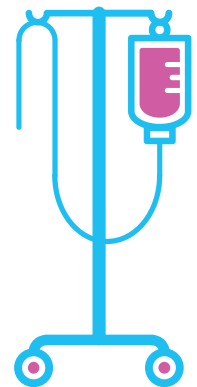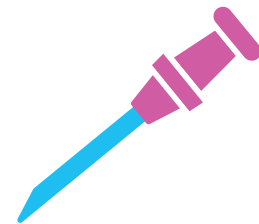I can also eat and drink during my infusion.

A staff member will check my blood pressure and temperature while I get my infusion.
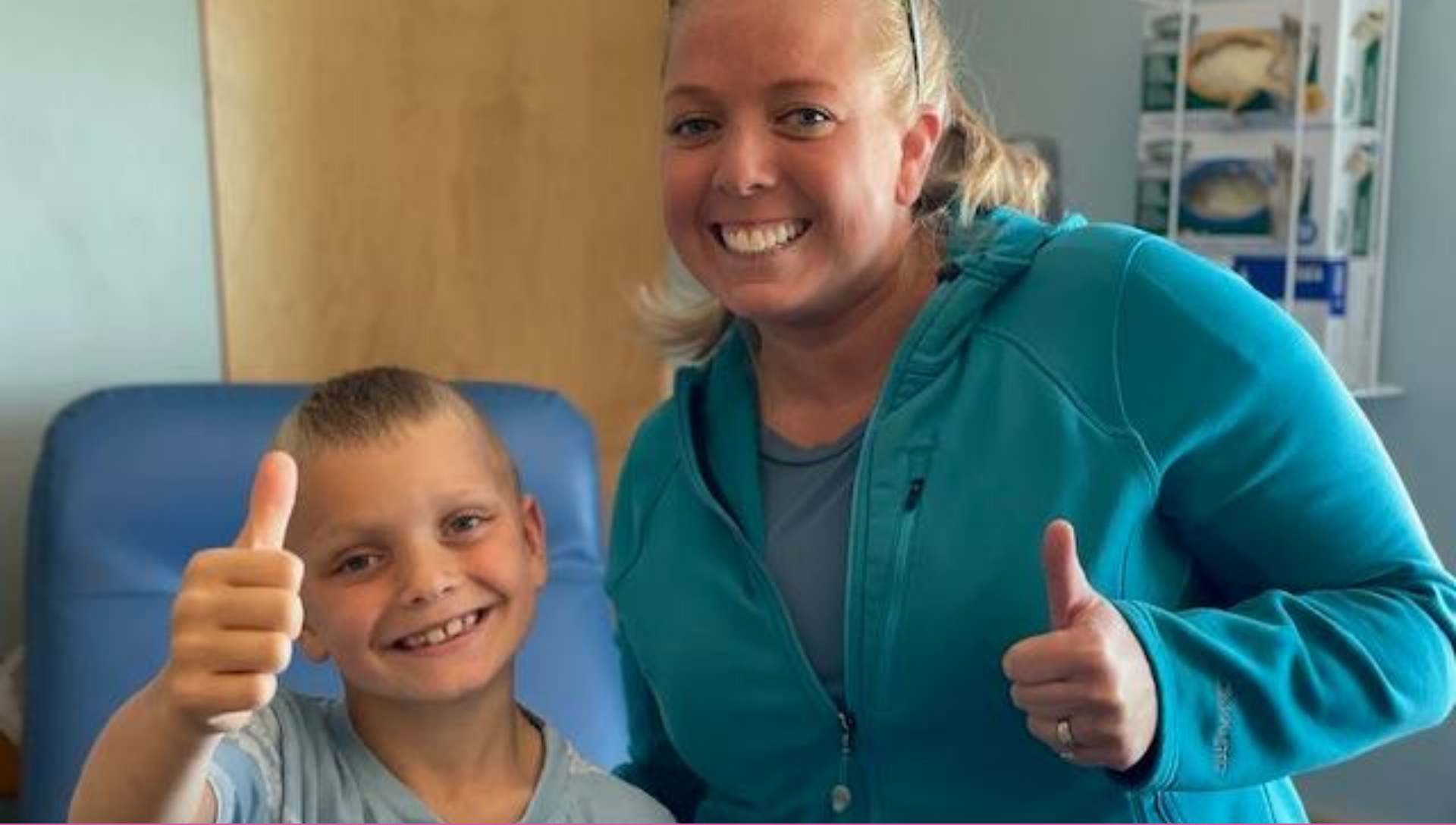
My nurse will tell me when my infusion is done.

My nurse will take the tape off and slide the IV out. I can remember to keep my body still.

Everyone will be so proud of me for doing a good job during my infusion!

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